

## For Maximum Protection and Comfort, Insert Pod Foam Earplugs as Follows:

1. Insure that hands are clean before using.
2. Roll the foam tip down before insertion.
3. Insert quickly into the ear canal.
4. Insure that the rear edge of the foam tip is well inside the canal entrance.
5. **This plug is effective in steady-state noise under 95 dBA and for small arms fire only.**
6. Available in both corded and uncorded versions.

